



VIDA EVERY DAY

# VIDA EVERY DAY YOUR DAILY PHYTOCHEMICALS

## Vida is Not Just a Healthy Phytochemical Drink.

You can use Vida in many ways as a healthy extra to your food during the day. Adding this to your foods has a triple benefit for you and your family.

### Vida Triple Benefit

- 1 Boost Phytochemical Content of your Meals**
- 2 Reduce the Sugar Impact in Desserts Through L-Arabinose**
- 3 Aid Digestion - Phytochemical Boost to Enzyme Actions**





## Vida Everyday Food Applications

Vida can be used in many ways throughout the day to enhance your family's health. Try Vida with your food as a condiment or sauce, even for desserts, and see the difference this makes!



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